

Patient Self-Evaluation – Follow Up History

Patient Name:
If you have had surgery, when was your surgery performed?
How far or how long are you walking?
Are you using a cane or crutches? Never Occasionally Always
Are you driving? Yes No
How often are you taking pain medications?
Patient Self-Pain Assessment – Rate your pain:
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0 1 2 3 4 5 6 7 8 9 10 No Moderate Worst possible pain
No Pain Pain can Interferes Interferes with Interferes with Bed rest be ignored with tasks concentration basic needs required
Would you like a new prescription for physical therapy? Yes No
Are you back to work? Yes Part time / Full Time No
Are you allergic to penicillin? Yes No
Patient Signature Date



Office Use Only
Patient Label

PAIN ASSESSMENT QUESTIONNAIRE

To better understand your needs, we would like to know the types of thoughts and feeling that you have when you are in pain. Below are statements describing different thoughts and feelings that may be associated with pain. Using the scale, please indicate the degree to which you have these thoughts and feelings when you are experiencing pain.

	Not at all	To a slight degree	To a moderate degree	To a great degree	All the time
I worry all the time about whether the pain will end	0	1	2	3	4
I feel I can't go on	0	1	2	3	4
It's terrible and I think it's never going to get any better	0	1	2	3	4
It's awful and I feel that it overwhelms me	0	1	2	3	4
I feel I can't stand it anymore	0	1	2	3	4
I become afraid that the pain will get worse	0	1	2	3	4
I keep thinking of other painful events	0	1	2	3	4
I anxiously want the pain to go away	0	1	2	3	4
I can't seem to keep it out of my mind	0	1	2	3	4
I keep thinking about how much it hurts	0	1	2	3	4
I keep thinking about how badly I want the pain to stop	0	1	2	3	4
There's nothing I can do to reduce the intensity of the pain	0	1	2	3	4
I wonder whether something serious may happen	0	1	2	3	4